

## Healthcare Facilities Are Switching to Fragrance Free Cleaners, Sanitizers and Soap... Here's Why!



### Asthmatic Reactions

Many fragrance chemicals (petroleum based and natural based) are shown to raise histamine levels in the body just by inhaling them.

Research has shown that fragrance chemicals can trigger and elicit asthmatic symptoms.

### Primary and Secondary Air Pollution

The EPA states that "Indoor levels of air pollutants can be 2-5 times higher, and occasionally 100 times higher, than outdoor levels."

There are hidden airborne chemicals of varying toxicity present in fragrances (including xenoestrogenic/neurotoxic/EDC's). In addition, fragrance chemicals mix with components in the air forming formaldehyde and other secondary pollutants. Significant irritant reactions can occur.

### Known Allergens

In the U.S. there are currently 26 known allergenic chemicals frequently used in fragrance formulas, but the UK is now recognizing 81 of the chemicals on the IFRA Transparency List as being allergenic.

Contact Dermatitis and Airborne Contact Dermatitis are easier to manage after individuals learn that fragrances in their household, laundry, and personal care products may be adversely affecting them.

See the research at:

[www.fragrancefreecoalition.com](http://www.fragrancefreecoalition.com)



Fragrance is the new secondhand smoke.

Fragrance is not just from perfumes. Fragrance comes from scented laundry, cleaning and personal care products, including lotion, sanitizers, deodorant...

Clean air is scent free. For optimal health and recovery, unscented air is becoming an essential component of patient care.

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# Do Fragrances Compromise Your Health?



## Fragrance exposures may cause or worsen:

- |                                  |                          |
|----------------------------------|--------------------------|
| Acne Like Skin Issues            | Hormone Disruption       |
| Aggressive Behavior Problems     | Hyperactivity            |
| Airborne Contact Dermatitis      | Immune System Problems   |
| Allergies                        | Incoordination           |
| Anaphylaxis                      | Infertility              |
| Asthma                           | Inflammation             |
| Atopic Dermatitis                | Insulin Resistance       |
| ADD / ADHD                       | Itching                  |
| Autism                           | Joint pain               |
| Bloating                         | Lethargy                 |
| Breathing Difficulty             | Kidney / Liver Damage    |
| Cancer                           | Menstrual Irregularities |
| Chest Discomfort / Tightness     | Migraine / Headache      |
| Cognitive Problems               | Muscle Pain              |
| Congestion                       | Nasal Irritation         |
| Contact Dermatitis / Urticaria   | Nausea                   |
| Convulsions                      | Numbness                 |
| Coughing                         | Obesity                  |
| Cramping                         | PCOD                     |
| Decreased Fertility              | Pulmonary Inflammation   |
| Depigmentation                   | Rashes                   |
| Depression / Maternal Depression | Rhinitis                 |
| Diabetes                         | Seizures                 |
| Diarrhea                         | Sensory Irritation       |
| Difficulty Concentrating         | Skin Redness             |
| Difficulty Remembering           | Skin Sensitization       |
| Dizziness                        | Skin Tingling            |
| Ear Ache                         | Sneezing                 |
| Eczema                           | Sore Throat              |
| Eye Irritation                   | Sperm Damage             |
| Facial Swelling                  | Swollen Lymph Nodes      |
| Fainting                         | Thyroid Disorder         |
| Fatigue                          | Tremors                  |
| Fetal Brain Development          | Vomiting                 |
| Hives                            | Wheezing                 |

Symptoms & Conditions are from Published Research



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